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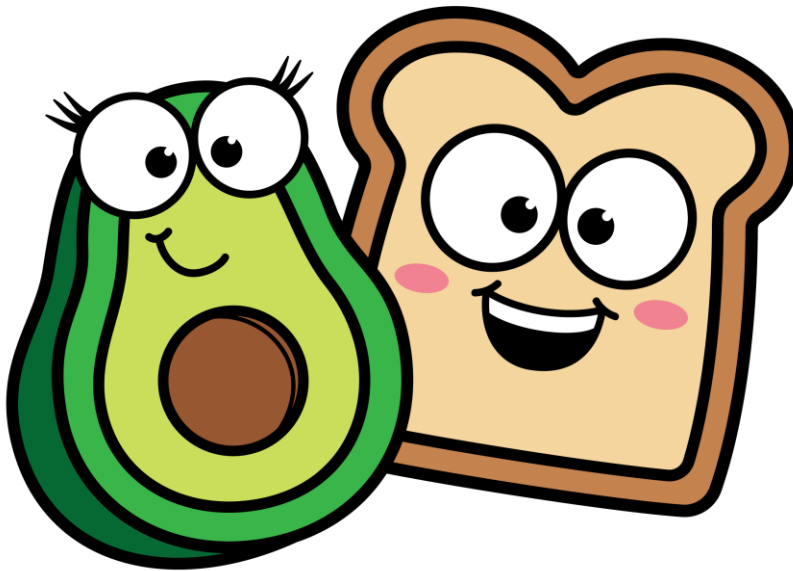
FOOD PAIRS – BEGINNING SOUND MATCH

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FOOD PAIRS – BEGINNING SOUND MATCH

What's Included:

- Beginning sound letter cards
- Matching food image cards

Recommended Age

Ideal for **ages 3 – 6** | Preschool | Pre-K | Kindergarten literacy centres, phonics instruction, and small group learning

Domain

Targeted Skills & Behaviours

Language & Literacy

- Identifying beginning letter sounds
- Letter-sound correspondence
- Phonemic awareness

Cognitive Development

- Sorting and matching
- Visual discrimination
- Memory and recall

Fine-Motor Development

- Picking up and placing cards
- Hand-eye coordination

Positive Learning Behaviours

- Focus and persistence
- Independent exploration during centres

Language & Communication

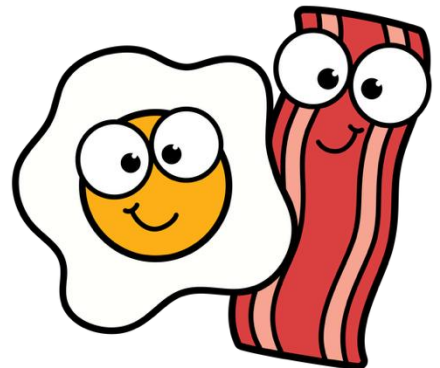
- Naming familiar foods
- Expanding vocabulary
- Expressing sounds clearly

Materials:

- Beginning sound food matching cards (included)
- Optional: baskets, trays, or sorting mats
- Optional: clothespins or dry erase markers for interactive play

Preparation:

1. Print the cards on cardstock for durability.
2. Laminate for repeated use.
3. Cut out all letter and food cards.
4. Set up materials in a literacy centre bin, tray, or basket.



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Instructions for Engagement:

Core Activity: Match the Food to Its Beginning Sound

- Learners select a letter card and say the letter name and/or sound aloud.
- Learners look at the food images and identify the one that begins with the same sound.
- Learners match the correct food image to the letter and repeat the sound and word to reinforce phonemic awareness.

Classroom Centre Ideas!

- **Dramatic Play Food Market** – Set up a pretend grocery store where learners “shop” for foods that match each letter. “Food Market Literacy Centre”:
 - Set up a mini grocery store or food stand theme
 - Use baskets labelled with letters
 - Have learners “shop” for foods that match each sound
 - Add play food for extended dramatic play integration
- **Literacy Centre** – Provide letter bins where learners sort food cards by beginning sound.
- **Small Group Instruction** – Educator guides sound recognition and models correct pronunciation.
- **Table Tubs / Morning Work** – Independent matching activity for quiet engagement.

Variations and Extensions

1. **Sorting Challenge:** Provide multiple food images and have learners sort them under correct beginning sounds
2. **Mystery Sound Game:** Say a sound aloud and have learners find the matching food card
3. **Write and Match:** Learners write the letter on a whiteboard before matching
4. **Sound Hunt:** Hide cards around the room for a scavenger-style activity

Differentiation

Beginning Learners

- Focus on 2–4 letters at a time and provide strong verbal support.

Developing Learners

- Encourage independent matching and repetition of sounds.

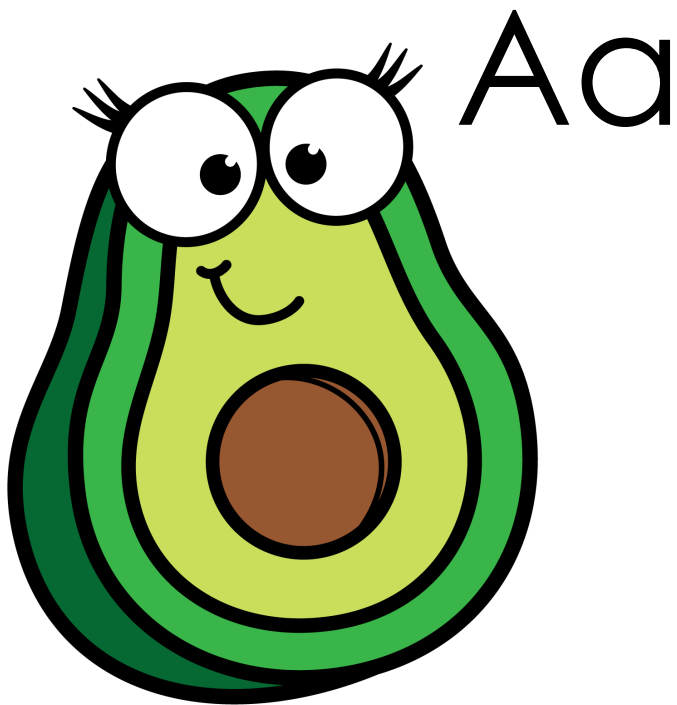
Advanced Learners

- Have learners generate additional words that begin with each sound or sort multiple items per letter.

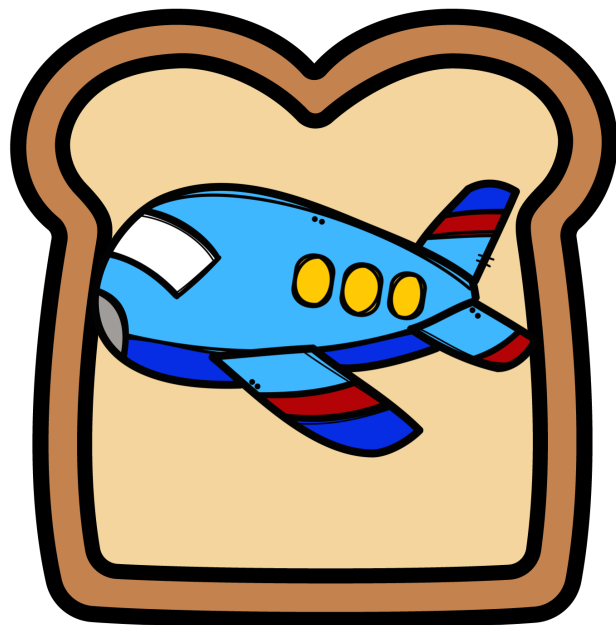
Teacher Talk Prompts

- “What sound does this letter make?”
- “Can you say the word slowly? What sound do you hear first?”
- “Do these words start with the same sound?”
- “Can you think of another food that starts with this sound?”
- “What happens if we change the beginning sound?”

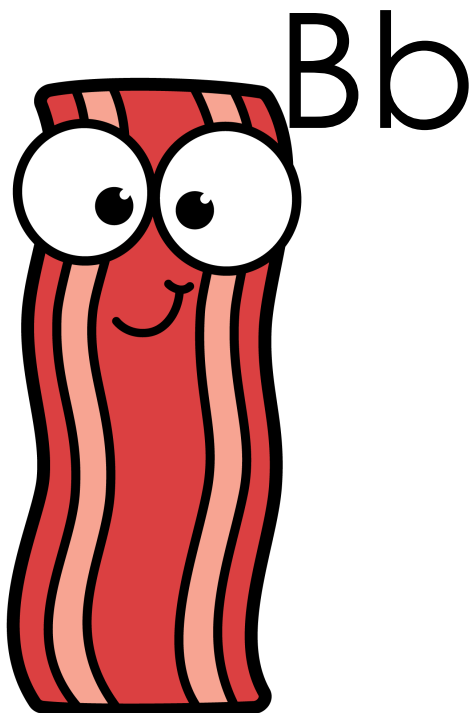




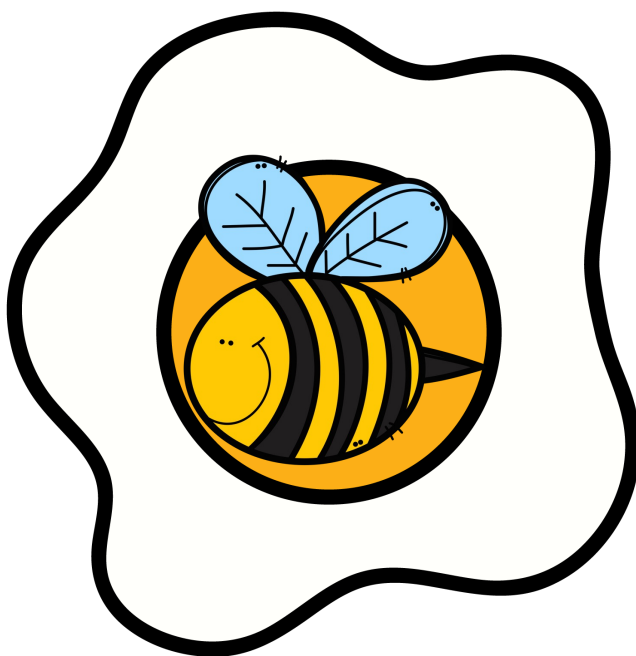
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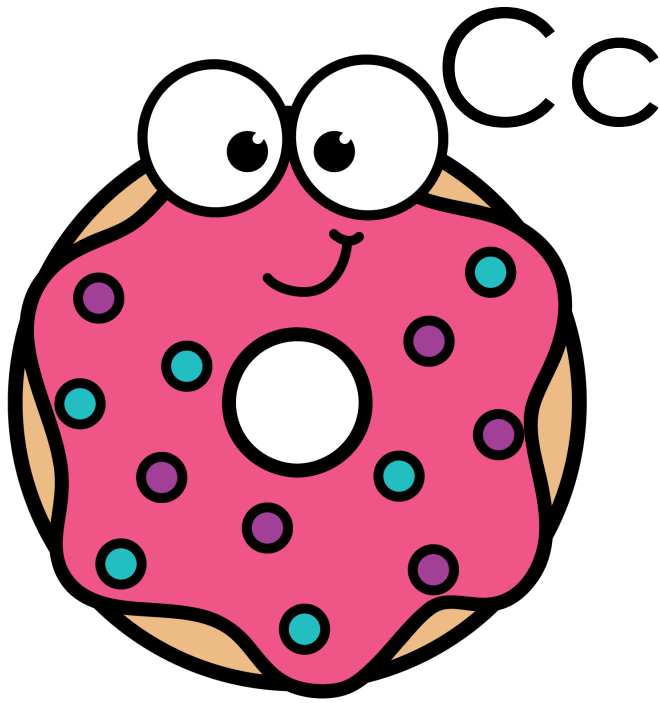
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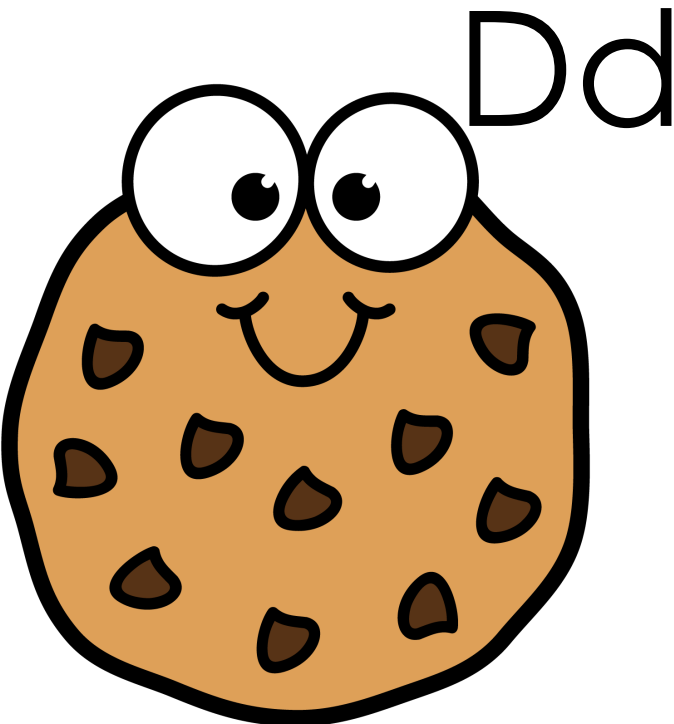
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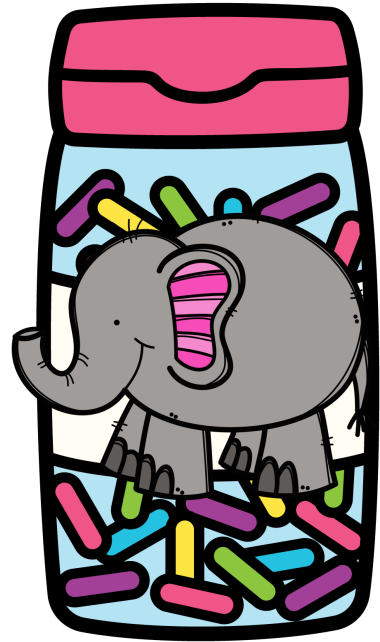
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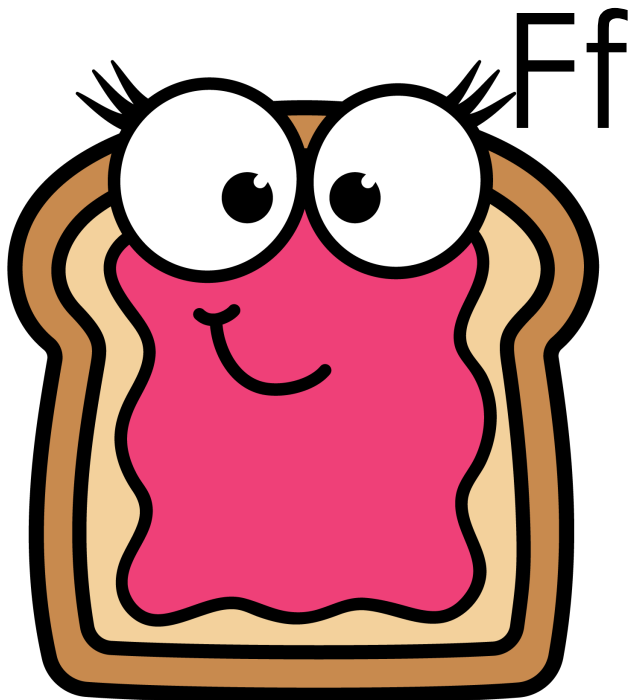
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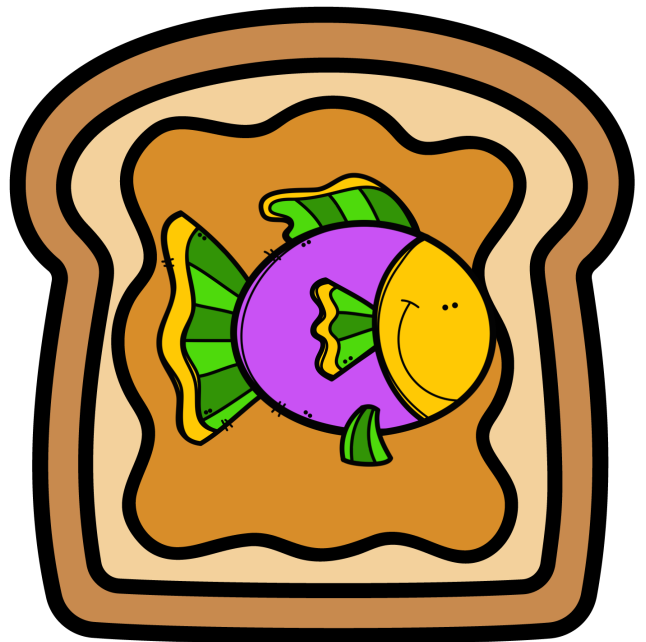
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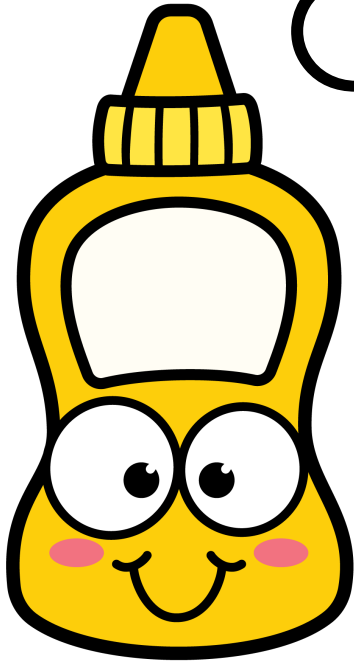


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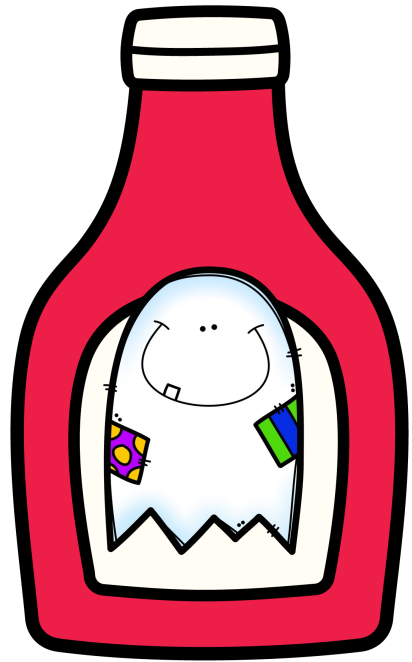


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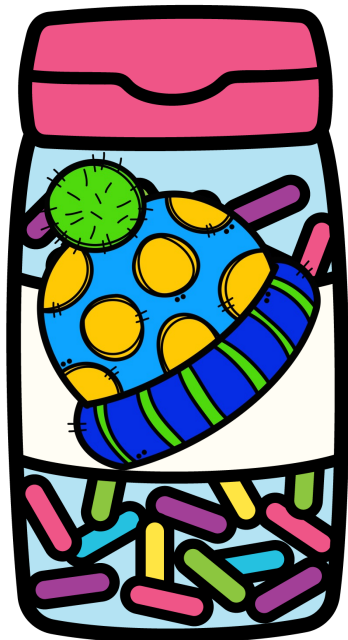


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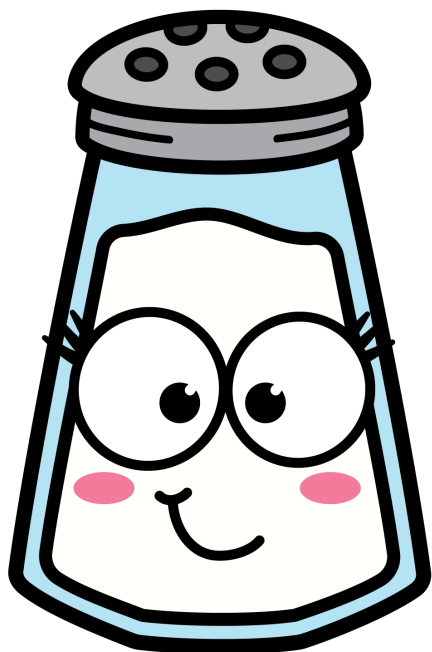


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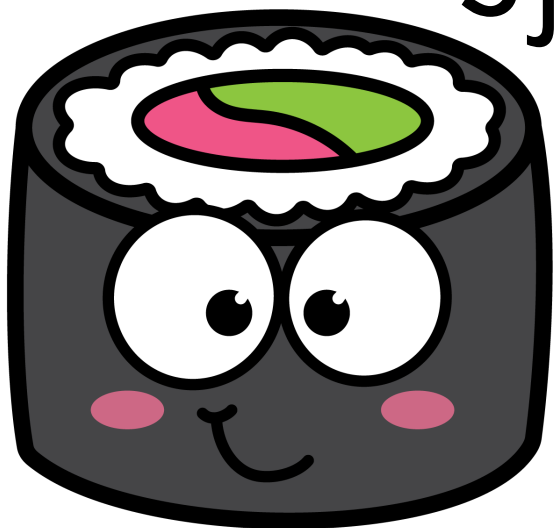


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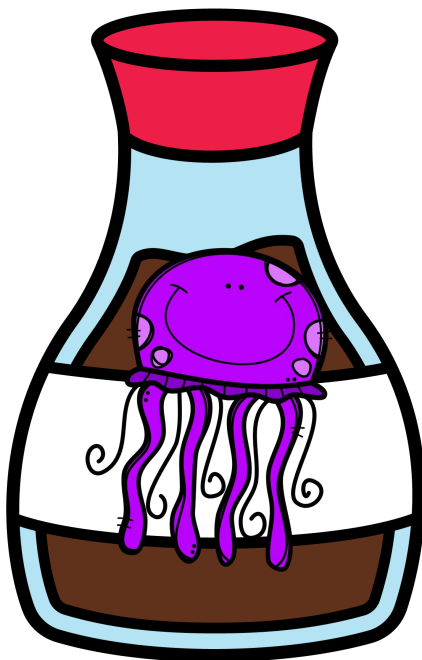


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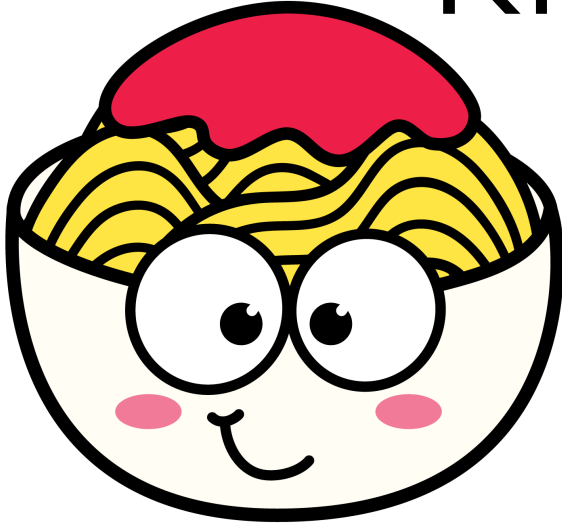


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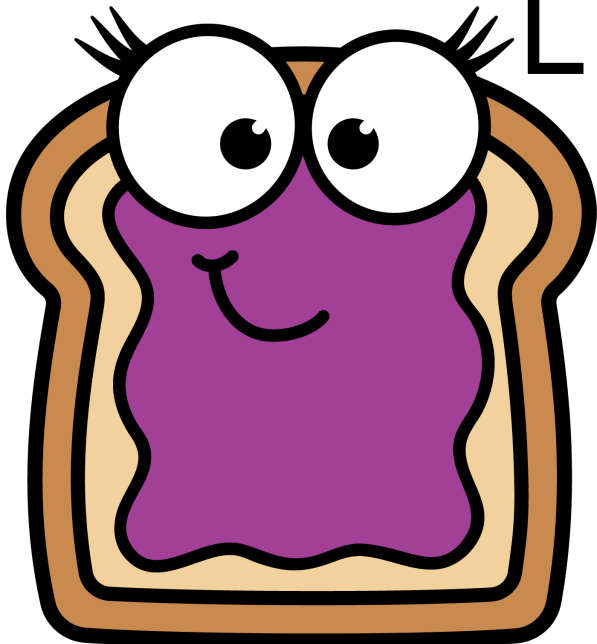


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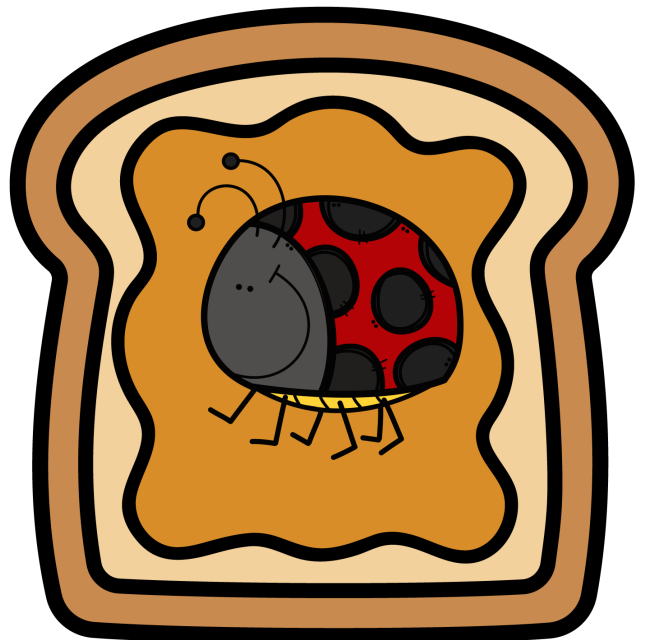


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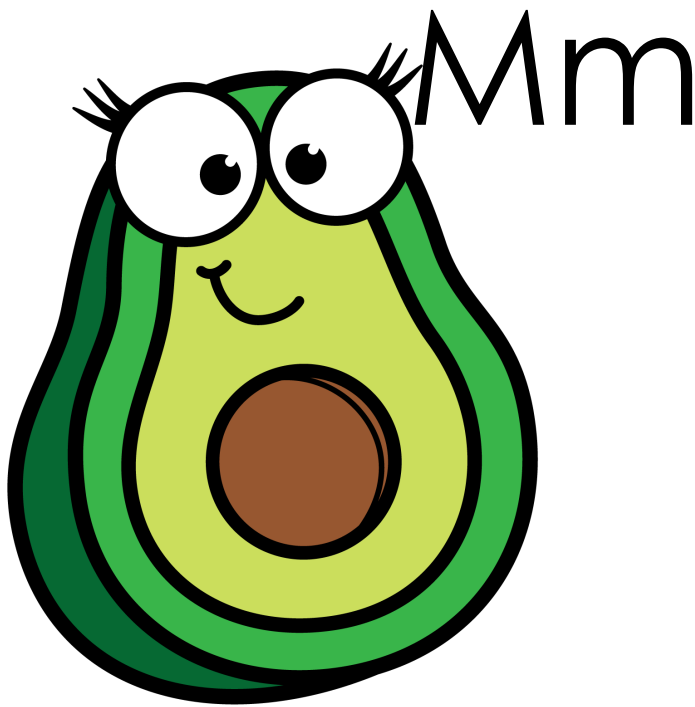
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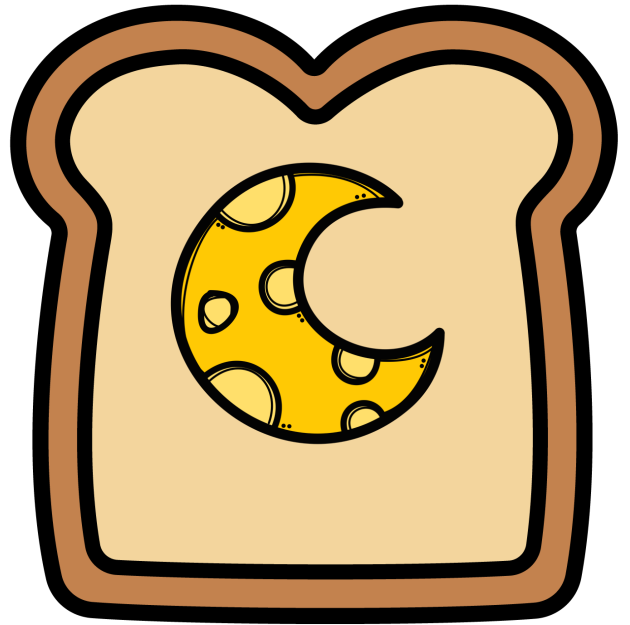
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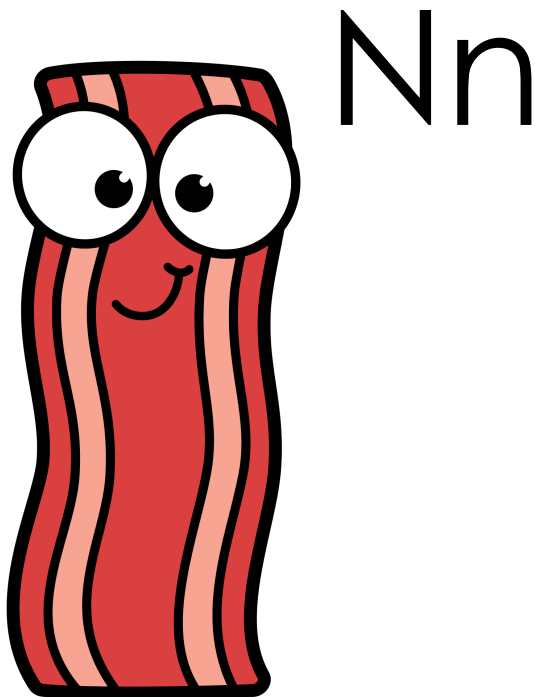
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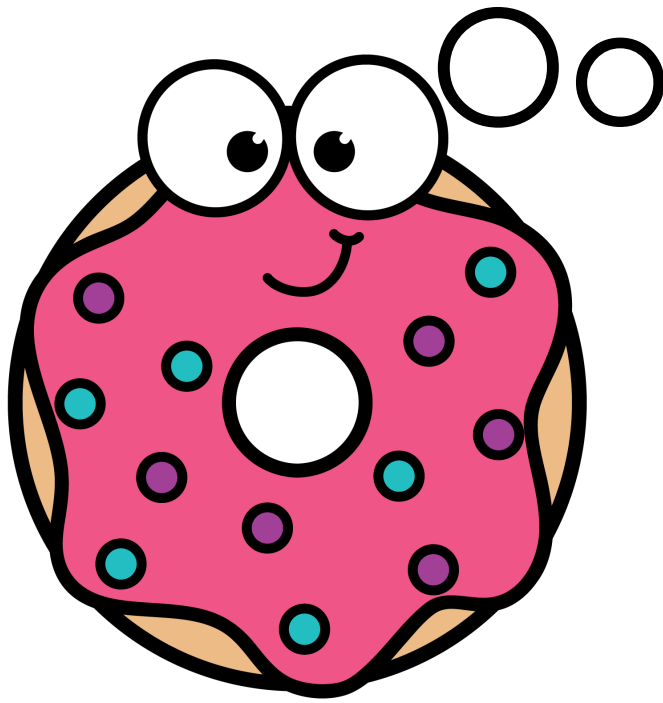
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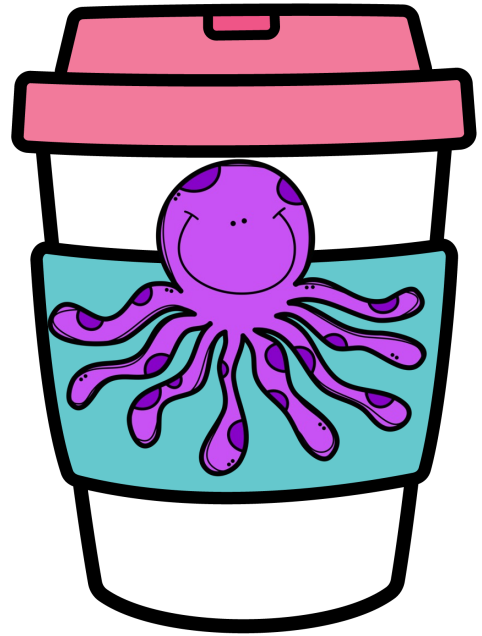
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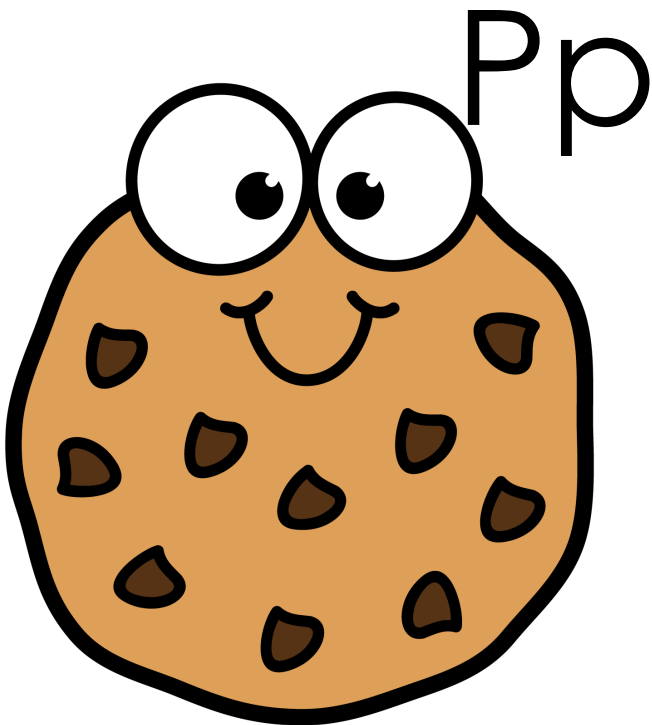
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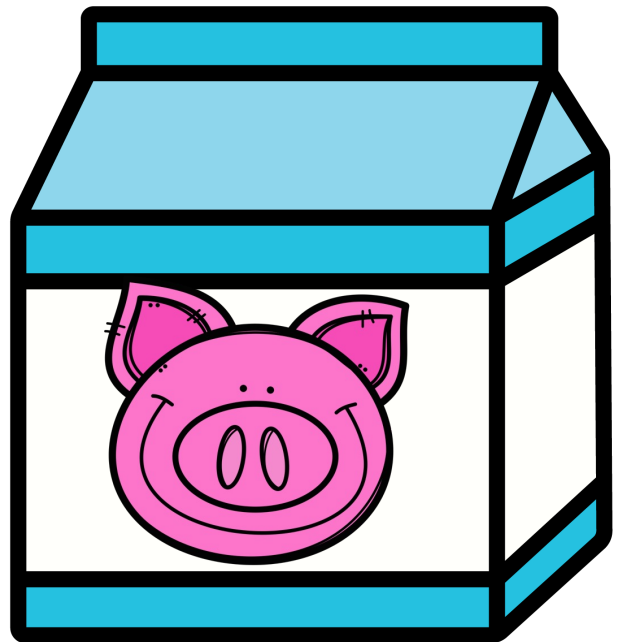
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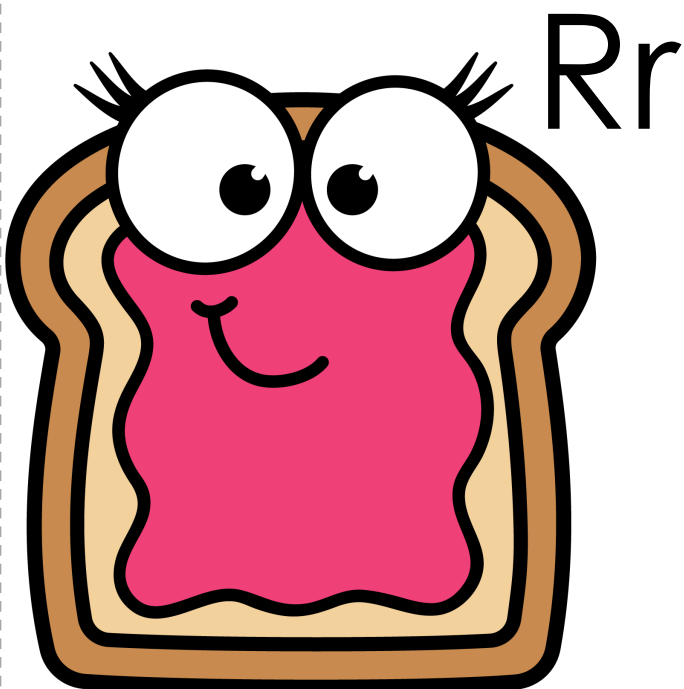
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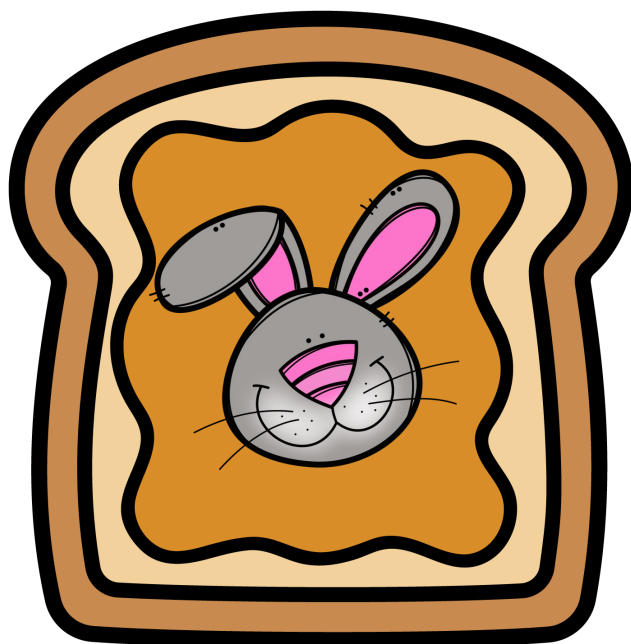
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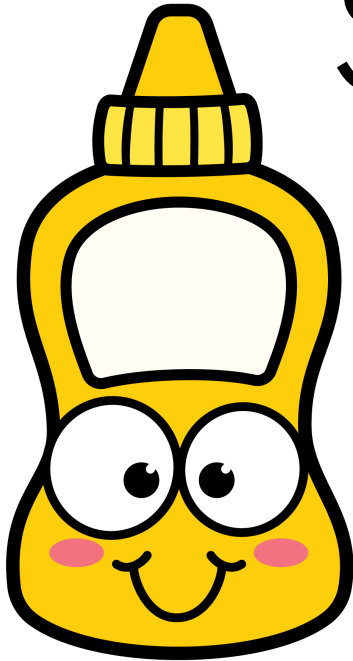


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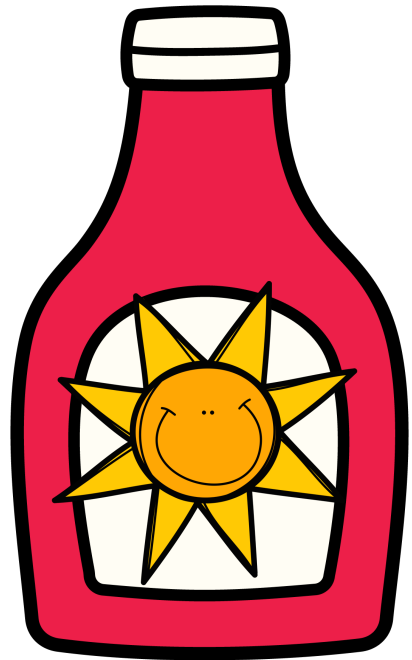


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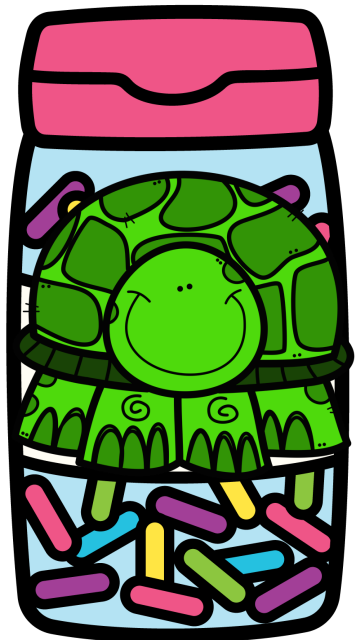


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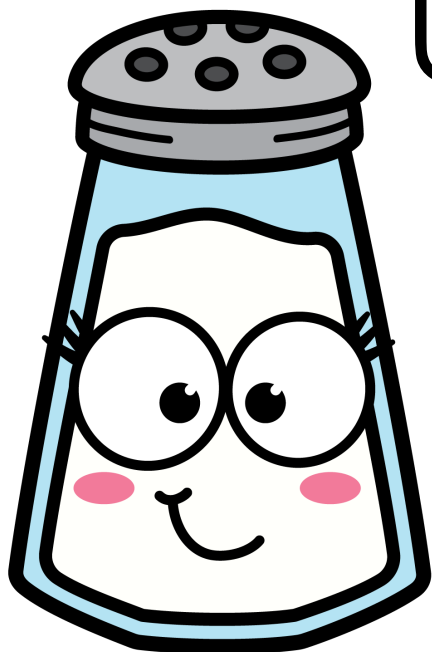


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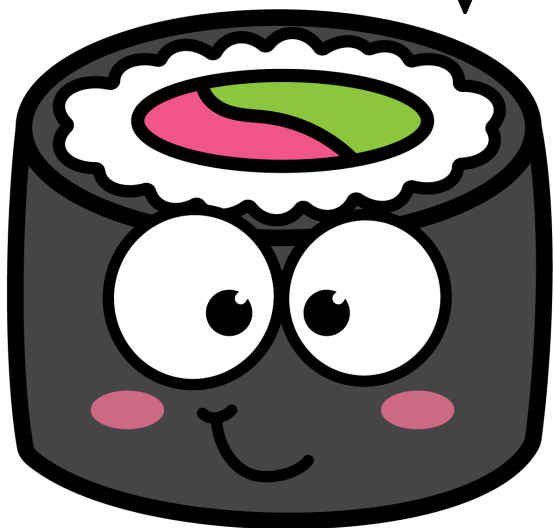


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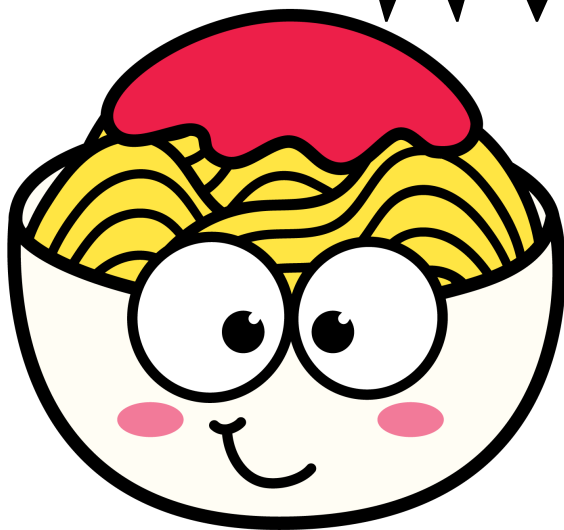


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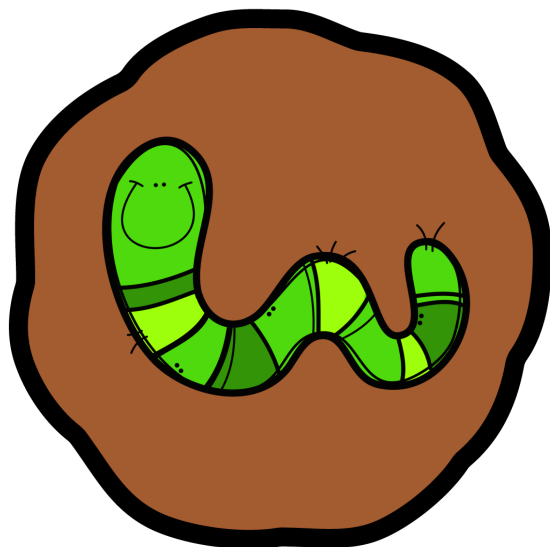


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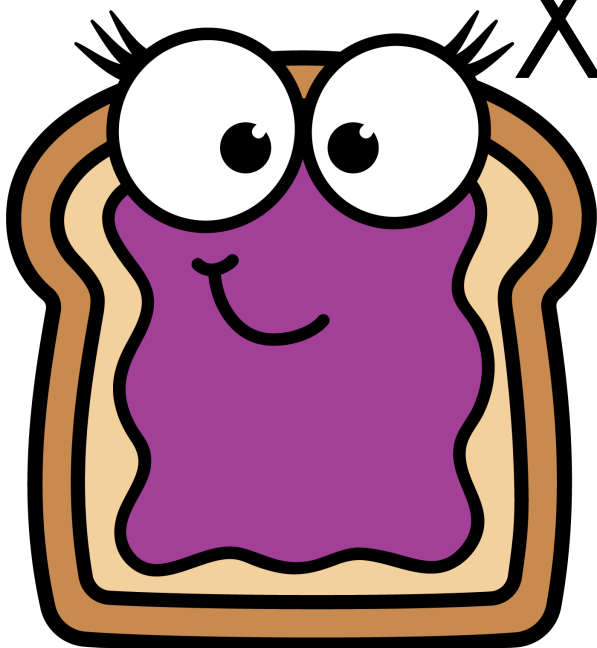


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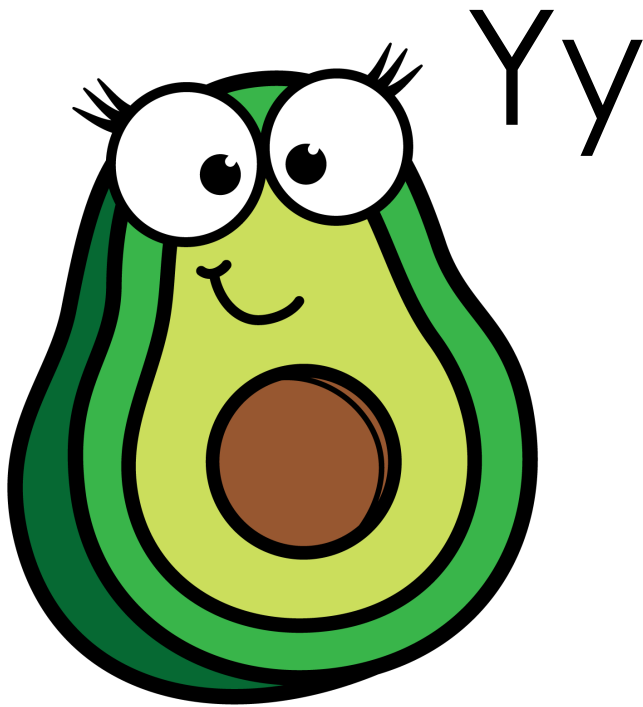
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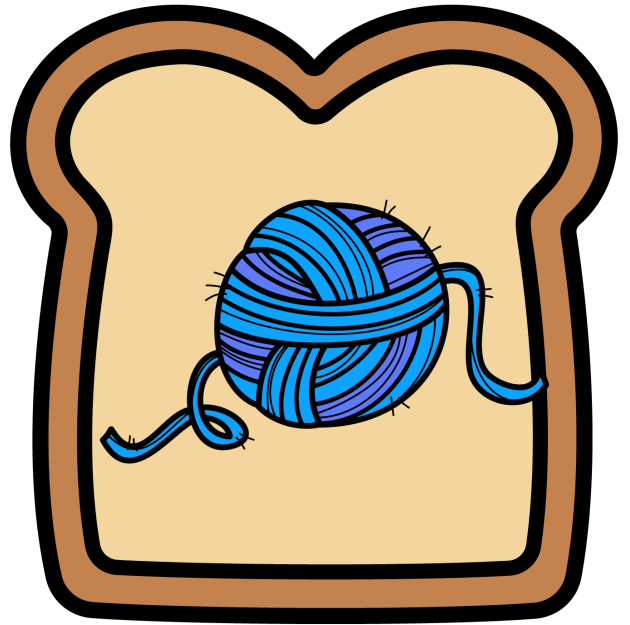
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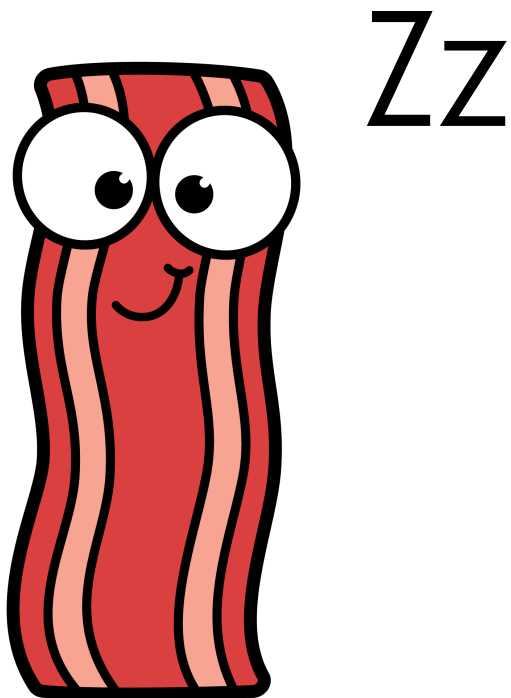
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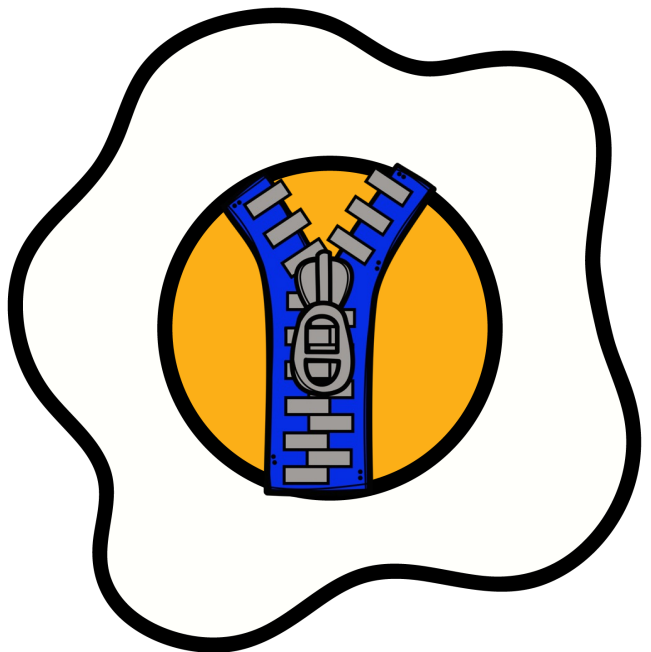
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